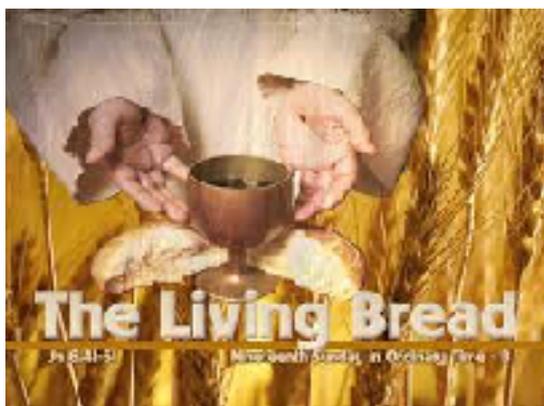


St Saviour's Church

12 August 2018 - Trinity 11 (OT19)



Living bread come down from heaven. Today's gospel is full of contrasts and confusion. We have the contrast with the legendary Manna which was God's gift of physical sustenance during the long Exodus from Egypt. Yet, they still died eventually. Christ's body is the living bread that leads to everlasting life. Confusion comes in from the Pharisees who do not comprehend the words of Jesus but mostly are astonished that this youngster who is known to them can speak up and out in this manner. Confusion and contrast's about the sacrament and mystery of the Eucharist still remain throughout the universal Church yet our faith enables us always to respond generously to the invite to believe and receive Christ's 'living bread'

Parish Notes:

Thank You - To Fr Graham for preaching and presiding this Sunday.

Messy Church - We will be trialling Messy Church in the Autumn with the first one at St Saviour's on Sunday 30 Sept at 4pm and then St German's on Oct 28 at 4pm. If you could help at either of this it would be most appreciated. More details in Sept.

Sunday 19 August - Ecumenical Celebration and vespers for the feast of the Assumption of Our Lady at St Marys Butetown at 8.30pm (with BBQ & Fireworks).

Faith QI - A new 6 week set of informal meetings for adults keen to know and understand more about our faith, liturgy, tradition and history (ideal for those exploring confirmation). Wednesdays 7:30 pm at the vicarage. Begins 5 Sept 2018. See website for more details. Placed limited and first come first served.

PCC Meeting - Tuesday 18 September at 6:30pm.

Foodbank - needed items: UHT milk, long life fruit juice, tinned potatoes and chocolate/sweets. Thank you again to all who continue to donate food each week.

Fundraising Walk - On Sat 18 August a few of us are hoping to join Fr Ben Rabjohns and a group from Penrhiwceiber as the walk to the Shrine of Our Lady of Penrhys. Sponsorship and all monies raised will go to parish funds. Watch this space for more details.

Foodbank - needed items: UHT milk, long life fruit juice, tinned potatoes and chocolate/sweets. Thank you again to all who continue to donate food each week

Recently Departed: Nigel Emery, Douglas James Court

This week:

Sun 12 Trinity 11

9:30 Sung Mass (St S)

11am Sung Mass (St G)

Mon 13: No mass this week (St G)

Tues 14:

10am Mass (St S)

St Maximilian Kolbe

Wed 15:

10am Mass (St G)

Mary, Mother of Our Lord.

Thur 16:

5:45pm Mass (St S)

St Stephen of Hungary

Fri 17:

6pm Mass (St S)

Sat 18:

11am Mass

Sat Memorial of BVM

Sun 19: Trinity 12

St Saviour's:

9:30 Sung Mass;

St German's:

11:00 am Sung

13:30 Baptism (St G)

Parish Priest:

Fr Phelim O'Hare,

02922 411229,

phelimohare@gmail.com

(Day off - Friday)

Churchwardens:

P Bill Eastwood

07800 946949

David Gibbons

07813160825

www.saintgermanwithsaintsaviour.org

READINGS THIS WEEK

1 Kgs 19:4-8

Ps 34:2-3, 4-5, 6-7, 8-9

Eph 4:30—5:2

John 6:41-51

READINGS NEXT WEEK

Prov 9:1-6

Ps 34:2-3, 4-5, 6-7

Eph 5:15-20

John 6:51-58

PSALM:

Taste and see that the Lord is good. (4vv)

COLLECT:

O God, you declare your almighty power most chiefly in showing mercy and pity: mercifully grant to us such a measure of your grace, that we, running the way of your commandments, may receive your gracious promises, and be made partakers of your heavenly treasure; through Jesus Christ your Son our Lord, who is alive and reigns with you in the unity of the Holy Spirit, one God, now and for ever. **Amen**

GATHERING:

I am the bread of life.
He who comes to me shall not hunger;
he who believes in me shall not thirst.
No one can come to me unless the Father draw him.

**And I will raise him up,
and I will raise him up,
and I will raise him up
on the last day.**

The bread that I will give is my flesh for the life of the world, and he who eats of this bread, he shall live for ever, he shall live for ever.

Unless you eat of the flesh of the Son of Man and drink of his blood, and drink of his blood, you shall not have life within you.

I am the resurrection,
I am the life.
He who believes in me even if he die,
he shall live for ever.

Yes, Lord, I believe that you are the Christ, the Son of God, who has come into the world.

OFFERTORY:

We hail thy Presence glorious,
O Christ our great high Priest,
O'er sin and death victorious,
At thy thanksgiving feast:
As thou art interceding
For us in heaven above,
Thy Church on earth is pleading
Thy perfect work of love.

Through thee in every nation
Thine own their hearts upraise,
Offering one pure Oblation,
One Sacrifice of praise:
With thee in blest communion
The living and the dead
Are joined in closest union,
One Body with one Head.

O living Bread from heaven,
Jesu, our Saviour good,
Who thine own self hast given
To be our souls' true food;
For us thy body broken
Hung on the Cross of shame:
This Bread its hallowed token
We break in thy dear name.

O stream of love unending,
Poured from the one true Vine,
With our weak nature blending
The strength of life divine;
Our thankful faith confessing
In thy life-blood outpoured,
We drink this Cup of blessing
And praise thy name, O Lord.

May we thy word believing
Thee through thy gifts receive,
That, thou within us living,
We all to God may live;
Draw us from earth to heaven
Till sin and sorrow cease,
Forgiving and forgiven,
In love and joy and peace.

COMMUNION:

God forgave my sin in Jesus' name
I've been born again in Jesus' name
And in Jesus' name I come to you
To share His love as He told me to

**He said: 'Freely, freely,
you have received
Freely, freely give
Go in My name,
and because you believe
Others will know that I live.'**

All power is given in Jesus' name
In earth and heaven in Jesus' name
And in Jesus' name I come to you
To share His power as He told me to.

God gives us life in Jesus' name,
He lives in us in Jesus' name,
And in Jesus' name I come to you
To share his peace as he told me to

FINAL HYMN:

As the deer pants for the water
So my soul pants after you
You alone are my heart's desire
And I long to worship you

***You alone are my strength,
my shield
To you alone may my spirit yield
You alone are my heart's desire
and I long to worship you***

I want you more than gold and silver
Only you can satisfy
You alone are the real joy giver
And the apple of my eye.
(Chorus)

You're my friend and
you are my brother
Even though you are a king
I love you more than any other
So much more than anything.
(Chorus)

FIRST READING

The First reading is from the 1st book of the Kings.

Elijah went into the wilderness, a day's journey, and sitting under a furze bush wished he were dead. 'O Lord,' he said 'I have had enough. Take my life; I am no better than my ancestors.' Then he lay down and went to sleep. But an angel touched him and said, 'Get up and eat.' He looked round, and there at his head was a scone baked on hot stones, and a jar of water. He ate and drank and then lay down again. But the angel of the Lord came back a second time and touched him and said, 'Get up and eat, or the journey will be too long for you.' So he got up and ate and drank, and strengthened by that food he walked for forty days and forty nights until he reached Horeb, the mountain of God.

This is the word of the Lord.

1 Kings 19

RESPONSORIAL PSALM

**Taste and see
that the Lord is good.**

I will bless the Lord at all times,
his praise always on my lips;
in the Lord my soul shall make its
boast.
The humble shall hear and be glad.
R/

Glorify the Lord with me.
Together let us praise his name.
I sought the Lord and he answered
me;
from all my terrors he set me free.
R/

Look towards him and be radiant;
let your faces not be abashed.
This poor man called, the Lord
heard him
and rescued him from all his
distress. **R/**

The angel of the Lord is encamped

around those who revere him, to
rescue them.

Taste and see that the Lord is good.
He is happy who seeks refuge in
him. **R/**

Psalm 34

SECOND READING

A reading from the letter of Paul to
the Ephesians.

Do not grieve the Holy Spirit of God
who has marked you with his seal
for you to be set free when the day
comes. Never have grudges against
others, or lose your temper, or raise
your voice to anybody, or call each
other names, or allow any sort of
spitefulness. Be friends with one
another, and kind, forgiving each
other as readily as God forgave you
in Christ.

Try, then, to imitate God as
children of his that he loves and
follow Christ loving as he loved you,
giving himself up in our place as a
fragrant offering and a sacrifice to
God.

This is the word of the Lord.

Ephesians 4

GOSPEL

A reading from the Holy Gospel
according to St John.

Jesus said to them, 'I am the bread
of life. Whoever comes to me will
never be hungry, and whoever
believes in me will never be thirsty.
Then the Jews began to complain
about him because he said, 'I am the
bread that came down from heaven.'
They were saying, 'Is not this Jesus,
the son of Joseph, whose father and
mother we know? How can he now
say, "I have come down from
heaven"?' Jesus answered them, 'Do
not complain among yourselves. No
one can come to me unless drawn by
the Father who sent me; and I will
raise that person up on the last day.
It is written in the prophets, "And
they shall all be taught by God."
Everyone who has heard and
learned from the Father comes to
me. Not that anyone has seen the
Father except the one who is from

God; he has seen the Father. Very
truly, I tell you, whoever believes has
eternal life. I am the bread of life.
Your ancestors ate the manna in the
wilderness, and they died. This is
the bread that comes down from
heaven, so that one may eat of it
and not die. I am the living bread
that came down from heaven.
Whoever eats of this bread will live
for ever; and the bread that I will
give for the life of the world is my
flesh.'

This is the Gospel of the Lord.

John 6