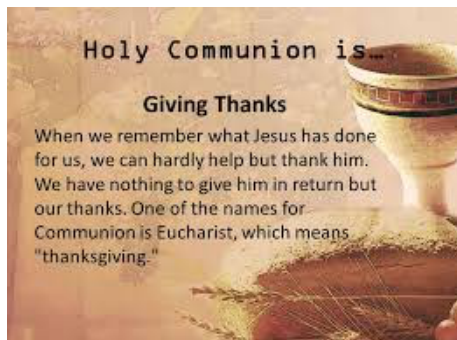


# St Saviour's Church

## 14 June 2020 - Corpus Christi



In the Church in Wales lectionary, the feast of Corpus Christi is also known as 'Thanksgiving for Holy Communion'. It is right and proper to thank God for the all gifts, physical or spiritual, that we receive from heaven. Yet this particular gift, the sacrament of the Holy Eucharist, is both a physical and spiritual gift. Holy Eucharist is celebrated in each Christian tradition albeit with differing levels of solemnity, importance and ritual (if any). Yet, the hunger within people to come together in the Eucharist and to partake of the 'food from heaven' has never gone away. It is as strong today as ever it was, even though many of us are not allowed to receive because of the coronavirus lockdown. Let's hope that absence will indeed make our hearts grow fonder.

### Parish Notes:

**Sts Peter & Paul** - Petertide (Sunday 29 June) is traditionally the time when many ordinands are ordained deacon and priest. Please keep in your prayers all those training for ministry and those currently discerning a call to diaconal and priestly ministry. We pray especially for our own ordinands, Geraint and Natasha, and thank God for their ministry with us.

**Meeting of Households** - if any church households would like a safe place to meet then St Saviour's garden could possibly be a perfect venue. Just let us know when you'd like.

**Lockdown Transition** - With the good news that schools are opening on 29 June we are still hopeful that places of worship will be allowed to open again for small acts of worship or quiet prayer. It is important that our buildings remain always available and exist to be of service to the people of our local area. Our PCC will discuss this when we next meet and how we might best plan for safety and social distancing guidelines.

**Parochial Church Council** - Next meets on Zoom on Wednesday 24 June at 7pm. Usual updates will be discussed as well as lockdown transition and compliance.

**Zoom Coffee Mornings** - St Saviour's next meets on Tues 16 June at 10:30am. If you'd like to participate please let Fr Phelim know. It is very easy to join: all you need is a computer or phone with camera and the link we send by email explains the next steps. If you need help on the day and time please call Fr Phelim on the landline.

**Sunday Readings** - Now available from our website. From Trinity to Mid September.

**Lift Up Your Hearts - Spiritual Support** during the pandemic. This week's reflections are from Padraig O Tuama, the Irish poet and theologian. Copies available online.

**Faith Nurturing** - The next faith nurturing group will be a book group looking at 'In Search of a Way' by Gerard Hughes SJ. This will begin in July, more than likely via Zoom.

**Tackling Loneliness - YourNeighbour.org** Our parishes have joined this national network which seeks to support all who are struggling locally. Telephone: 0300 323 9952.

**Foodbank** - Please continue to donate food locally. Please see Cardiff Foodbank website for details of open collection sites and how and when to drop off food for those in need.

**Recently Departed** - Dudley Walwyn, Bernard Lewis (RIP)

### Llandaff Diocese

#### Prayer Cycle:

##### Sun 14 - Corpus Christi

(transferred)  
Mountain Ash & Miskin,  
Michael Jones (PinC)

##### Mon 15:

Penrhiwceiber  
Matthewstown & Ynysboeth  
Ben Rabjohns (PinC)

##### Tue 16:

Deanery of Merthyr Tydfil &  
Caerphilly, Steven Kirk (AD)

##### Wed 17:

Staff of the Diocesan Office

##### Thur 18:

Pontlloftyn w Fochriw &  
Bargoed, Deri w Brithdir,  
Robert Lindsay (PinC)

##### Friday 19:

Dowlais & Penydarren,  
Caroline Owen (V)

##### Saturday 20:

Gelligaer, Gary Powell  
(PinC)

##### St Alban

##### Sun 21 - 2nd after

##### Trinity (OT12)

Merthyr Tydfil Christ  
Church, Mark Prevett  
(PinC)

#### Parish Priest:

Fr Phelim O'Hare,  
02922 411229,  
[phelimohare@gmail.com](mailto:phelimohare@gmail.com)

#### Churchwardens:

Bill Eastwood  
07800 946949  
David Gibbins  
07813160825

#### Online Services:

Sunday Mass from each church is recorded each week and links to these are available on Sunday morning.

### READINGS THIS WEEK

Deut 8:2-3, 14-16  
Ps 147:12-15, 19-20  
1 Cor 10:16-17  
John 6:51-58

### READINGS NEXT WEEK

Jer 20:10-13  
Ps 69:8-10, 14+17, 33-35  
Rom 5:12-15  
Matt 10:26-33

### PSALM:

**O praise the Lord,  
Jerusalem! (3vv)**

## COLLECT

Jesus, Saviour of the world,  
we thank you that in this  
wonderful sacrament you have  
left us a memorial of your  
passion: grant us so to  
reverence the sacred mysteries  
of your body and blood that  
we may know within  
ourselves the fruit of your  
redeeming love; who live and  
reign with the Father and the  
Holy Spirit, one God, for ever  
and ever. **Amen.**

## FIRST READING

A reading from the book of  
Deuteronomy.

Moses said to the people:  
‘Remember how the Lord your God  
led you for forty years in the  
wilderness, to humble you, to test  
you and know your inmost heart –  
whether you would keep his  
commandments or not. He humbled  
you, he made you feel hunger, he  
fed you with manna which neither  
you nor your fathers had known, to  
make you understand that man does  
not live on bread alone but that man  
lives on everything that comes from  
the mouth of the Lord.

‘Do not become proud of heart.  
Do not forget the Lord your God  
who brought you out of the land of  
Egypt, out of the house of slavery:  
who guided you through this vast  
and dreadful wilderness, a land of  
fiery serpents, scorpions, thirst; who  
in this waterless place brought you  
water from the hardest rock; who in  
this wilderness fed you with manna  
that your fathers had not known.’

This is the word of the Lord.

*Deut 8*

## RESPONSORIAL PSALM

*O praise the Lord, Jerusalem!*

O praise the Lord, Jerusalem!  
Zion, praise your God!  
He has strengthened the bars of your  
gates  
he has blessed the children within you.

He established peace on your borders,  
he feeds you with finest wheat.  
He sends out his word to the earth  
and swiftly runs his command.

He makes his word known to Jacob,  
to Israel his laws and decrees.  
He has not dealt thus with other nations;  
he has not taught them his decrees.

## SECOND READING

A reading from the 1st letter of Paul  
to the Corinthians

The blessing-cup that we bless is a  
communion with the blood of Christ,  
and the bread that we break is a  
communion with the body of Christ.  
The fact that there is only one loaf  
means that, though there are many  
of us, we form a single body because  
we all have a share in this one loaf.

This is the word of the Lord.

*1 Cor 10*

## GOSPEL ACCLAMATION:

Alleluia, alleluia!  
I am the living bread which has  
come down from heaven,  
says the Lord.  
Anyone who eats this bread will live  
for ever.  
Alleluia!

## GOSPEL:

A reading from the Gospel according  
to John.

Jesus said to the crowd:  
‘I am the living bread which has  
come down from heaven. Anyone  
who eats this bread will live for  
ever; and the bread that I shall give  
is my flesh, for the life of the world.’  
Then the Jews started arguing with  
one another: ‘How can this man give  
us his flesh to eat?’ they said.  
Jesus replied: ‘I tell you most  
solemnly, if you do not eat the flesh  
of the Son of Man and drink his  
blood, you will not have life in you.  
Anyone who does eat my flesh and  
drink my blood has eternal life, and  
I shall raise him up on the last day.  
For my flesh is real food and my  
blood is real drink. He who eats my  
flesh and drinks my blood lives in  
me and I live in him. As I, who am  
sent by the living Father, myself  
draw life from the Father, so  
whoever eats me will draw life from  
me. This is the bread come down  
from heaven; not like the bread our  
ancestors ate: they are dead, but  
anyone who eats this bread will live  
for ever.’

This is the gospel of the Lord.

*John 6*