

St Saviour's Church

19 August 2018 - Trinity 12 (OT20)



Eating and drinking our fill of what God has to offer continues to feature in our Sunday readings this summer. Our gospel reflects further on bread from heaven. Yet St Paul, advises us to be filled with the spirit and contrasts it with those who drink too much wine. Ultimately, this is an invitation to enjoy the abundant life of God's Holy Spirit that is always offered to us; always available to us. God seeks to sustain and nurture us in his ways, and how he wants us to live: joyously.

Parish Notes:

Weekday Services as normal this week.

Thank You - to Fr Graham for presiding at all of the services over the past weeks.

Sunday 19 August - Ecumenical Celebration and vespers for the feast of the Assumption of Our Lady at St Marys Butetown at 8.30pm (with BBQ & Fireworks).

Messy Church - Messy Church is coming. First one at St Saviour's on Sun 30 Sept at 4pm and in St German's on Oct 28 at 4pm. If you could help at either of this it would be most appreciated. More details in Sept.

PCC Meeting - Tuesday 18 September at 6:30pm.

Faith QI - A new 6 week set of informal meetings for adults keen to know and understand more about our faith, liturgy, tradition and history (ideal for those exploring confirmation). Wednesdays 7:30 pm at the vicarage. Begins 5 Sept 2018. See website for more details. Places limited - first come first served basis.

Foodbank - needed items: UHT milk, long life fruit juice, tinned potatoes and chocolate/sweets. Thank you again to all who continue to donate food each week

Fundraising Walk - Well done to all who supported Fr Ben Rabjohns and a group from Penrhiwceiber on their walk to the Shrine of Our Lady of Penrhys. All monies raised will go to parish funds.

Eco Church - The last PCC meeting agreed we should renew our desire to be as environmentally caring as possible. If anyone is interested in joining a group to help take a lead on this please see Fr Phelim.

Deanery Confirmation - This year one of the deanery dates will be at St German's with Bishop June Osborne on 2 October. If anyone would like to be confirmed on this date please see Fr Phelim.

Recently Departed: Lisa Gonzales, James Brendan Keane

This week:

Sun 19 Trinity 12

9:30 Sung Mass (St S)

11am Sung Mass (St G)

Mon 20:

6pm Mass (St G)

St Bernard

Tues 21:

10am Mass (St S)

St Pius X

Wed 22:

10am Mass (St G)

Our Lady, Queen & Mother

Thur 23:

5:45pm Mass (St S)

St Rose of Lima

Fri 24:

6pm Mass (St S)

ST BARTHOLOMEW

Sat 25:

11am Mass

Sun 26: Trinity 13

St Saviour's:

9:30 Sung Mass;

St German's:

11:00 am Sung

13:30 Baptism (St G)

Parish Priest:

Fr Phelim O'Hare,
02922 411229,
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(Day off - Friday)

Churchwardens:

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READINGS THIS WEEK

Prov 9:1-6

Ps 34:2-3, 4-5, 6-7

Eph 5:15-20

John 6:51-58

READINGS NEXT WEEK

Josh 24:1-2, 15-17, 18

Ps 34

Eph 5:2a, 25-32

John 6:60-69

PSALM:

Taste and see that the Lord is good. (4vv)

COLLECT:

Almighty and everlasting God,
you are always more ready to
hear than we to pray and to give
more than either we desire or
deserve: pour down upon us the
abundance of your mercy,
forgiving us those things of
which our conscience is afraid
and giving us those good things
which we are not worthy to ask
but through the merits and
mediation of Jesus Christ your
Son our Lord, who is alive and
reigns with you, in the unity of
the Holy Spirit, one God, now
and for ever. **Amen**

GATHERING:

**Lift high the cross,
the love of Christ proclaim,
Till all the world adore
His sacred Name.**

Led on their way
by this triumphant sign,
The hosts of God
in conquering ranks combine.

Each newborn servant
of the Crucified
Bears on the brow
the seal of Him Who died.

O Lord, once lifted on
the glorious tree,
As Thou hast promised,
draw the world to Thee.

So shall our song
of triumph ever be:
Praise to the Crucified
for victory.

OFFERTORY:

1 O God of earth and altar,
bow down and hear our cry,
our earthly rulers falter,

our people drift and die;
the walls of gold entomb us,
the swords of scorn divide,
take not thy thunder from us,
but take away our pride.

2 From all that terror teaches,
from lies of tongue and pen,
from all the easy speeches
that comfort cruel men,
from sale and profanation
of honour and the sword,
from sleep and from damnation,
deliver us, good Lord!

3 Tie in a living tether
the prince and priest and thrall,
bind all our lives together,
smite us and save us all;
in ire and exultation
aflame with faith, and free,
lift up a living nation,
a single sword to thee.

COMMUNION:

This is my body, broken for you,
bringing you wholeness,
making you free,
take it and eat it, and when you do,
do it in love for me.

This is my blood poured out for you,
bringing forgiveness,
making you free.
Take it and drink it,
and when you do,
do it in love for me.

Back to my Father soon shall I go.
Do not forget me; then you will see
I am still with you,
and you will know
you're very close to me.

Filled with my Spirit,
how you will grow!
You are my branches; I am the tree.
If you are faithful, others will know
you are alive in me.

Love one another – I have loved you,
and I have shown you
how to be free;
serve one another, and when you do,
do it in love for me.

FINAL HYMN:

1 My song is love unknown,
my Savior's love to me;
love to the loveless shown,
that they might lovely be.
O who am I, that for my sake,
my Lord should take frail flesh and
die?

2 He came from His blest throne
salvation to bestow;
but man made strange, and none
the longed-for Christ would know.
But oh, my Friend,
my Friend indeed,
who at my need His life did spend!

3 Sometimes they strew His way
and His sweet praises sing;
resounding all the day
hosannas to their King.
Then "Crucify!" is all their breath,
and for His death they thirst and cry.

4 Why, what hath my Lord done?
What makes this rage and spite?
He made the lame to run,
He gave the blind their sight.
Sweet injuries! Yet they at these
themselves displease,
and 'gainst Him rise.

5 They rise, and needs will have
my dear Lord made away;
a murderer they save,
the Prince of Life they slay.
Yet cheerful He to suffering goes,
that He His foes from thence might
free.

6 Here might I stay and sing,
no story so divine;
never was love, dear King,
never was grief like Thine.
This is my Friend,
in whose sweet praise
I all my days could gladly spend.

FIRST READING

The First reading is from the book of Proverbs.

Wisdom has built herself a house,
she has erected her seven pillars,
she has slaughtered her beasts,
prepared her wine, she has laid her
table. She has despatched her
maidservants and proclaimed from
the city's heights: 'Who is ignorant?
Let him step this way.' To the fool
she says, 'Come and eat my bread,
drink the wine I have prepared!
Leave your folly and you will live,
walk in the ways of perception.'

This is the word of the Lord.

Proverbs 9

Be very careful about the sort of
lives you lead, like intelligent and
not like senseless people. This may
be a wicked age, but you redeem it.
And do not be thoughtless but
recognise what is the will of the
Lord. Do not drug yourselves with
wine, this is simply dissipation; be
filled with the Spirit. Sing the words
and tunes of the psalms and hymns
when you are together, and go on
singing and chanting to the Lord in
your hearts, so that always and
everywhere you are giving thanks to
God who is our Father in the name
of our Lord Jesus Christ.

This is the word of the Lord.

Ephesians 5

RESPONSORIAL PSALM

**Taste and see
that the Lord is good.**

I will bless the Lord at all times,
his praise always on my lips;
in the Lord my soul shall make its
boast.
The humble shall hear and be glad.
R/

Revere the Lord, you his saints.
They lack nothing, those who revere
him.
Strong lions suffer want and go
hungry
but those who seek the Lord lack no
blessing. R/

Come, children, and hear me
that I may teach you the fear of the
Lord.
Who is he who longs for life
and many days, to enjoy his
prosperity? R/

Then keep your tongue from evil
and your lips from speaking deceit.
Turn aside from evil and do good;
seek and strive after peace. R/

Psalms 34

GOSPEL

A reading from the Holy Gospel
according to St John.

I am the living bread that came
down from heaven. Whoever eats of
this bread will live for ever; and the
bread that I will give for the life of
the world is my flesh.'

The Jews then disputed among
themselves, saying, 'How can this
man give us his flesh to eat?' So
Jesus said to them, 'Very truly, I tell
you, unless you eat the flesh of the
Son of Man and drink his blood, you
have no life in you. Those who eat
my flesh and drink my blood have
eternal life, and I will raise them up
on the last day; for my flesh is true
food and my blood is true drink.
Those who eat my flesh and drink
my blood abide in me, and I in
them. Just as the living Father sent
me, and I live because of the Father,
so whoever eats me will live because
of me. This is the bread that came
down from heaven, not like that
which your ancestors ate, and they
died. But the one who eats this
bread will live for ever.'

This is the Gospel of the Lord.

John 6

SECOND READING

A reading from the letter of Paul to
the Ephesians.