

# St Saviour's Church

1 March 2020 - Lent 1



Connecting the beginning of Lent, when we recall Christ's sojourn in the desert, and St David may be liturgically contrived. However, if we think of David's motto 'Keep the Faith' we might begin to make progress. Jesus desired above all to be faithful to the Father's will; to reach out to us from heaven and invite us to join the fullness of life enjoyed in heaven. David too was motivated with this call to reach out to the broken, the sinful, the weary and lost and to bring them something of the riches of Christ. We thank God today for David and the example of living faith he gives still to the people of Wales. Most of all we journey into the desert with Christ in prayer to understand more clearly our call from the Father.

## Parish Notes:

**Messy Church & St David** - The next Messy Church is in St Saviour's this afternoon at 4pm. Theme: St David of Wales. Please join us if you can. We honour St David today with part of our Eucharist and hymns in Welsh with Welsh Cakes and Bars Brith afterwards.

**Lenten Charity** this year is Christian Aid - collecting tins are now available.

**Stations of the Cross** - Praying the stations of the cross during Lent helps us walk with Christ in our pilgrimage back to our heavenly Father.. Tuesdays in St Saviour's at 6:45pm.

**I Ffordd Tangnefedd** - IFT, our Sunday evening contemplative services, will pause during Lent for a time of consolidation before a bigger launch later (26 April).

**Faith QI** - This Wednesday at 7pm to look at 'The Bible and Revelation'.

**PCC & Electoral Roll** - Roll needs to be renewed in 2020 and everyone has to reregister. All those eligible (those aged over 16 who are confirmed) should fill in a new form. Please see Wendy, our Electoral Roll Registrar. The next PCC meeting is Sun 29 March after mass.

**Easter Prize Draw** - Tickets now available. Please see Liz for tickets or to donate a prize.

**Walsingham Pilgrimage** - £20 deposit by Sunday 22 March. Accommodation, Meals, and Transport £290 (£165 for those aged 5-16 years) Accommodation and meals only £215 (£130 for those aged 5-16 years) Children under the age of 5 free. Full payment is due the 1st July, 2020. For more details see Liz. Non returnable deposit of £20 to secure a place.

**Sponsored Walk** from Llanwonno to the Shrine of Our Lady of Penrhys Sat 15 August 2020. Please keep this date in your diary. In this Year of Pilgrimage we are encouraging as many as possible to get involved. You can walk, run on even ride your bike! Alternatively you could welcome the walkers as they reach the Shrine and join us for Mass. More details to follow.

**Nightshelter** - Ends on 21/22 March after what has been a busy season. Many thanks for all those who have helped so generously in this ministry.

**Easter Vestry** - The AGM for our Church will be on Tuesday 28 April at 7pm.

**Recently Departed:** David Pinder, Marina Williams *RIP*.

## This week:

### Sun 1: Lent 1 (St David)

9:30 Sung Mass;

4pm Messy Church

**St German's:**

8am Nightshelter Mass

11:00 am Sung Mass

### Mon 2:

6pm Yr Offeren (St G)

### Tue 3:

10am Mass (St S)

6:45pm Stations (St S)

### Wed 4:

10am Mass (St G)

7pm Faith QI (St S)

### Thur 5:

5:45pm Mass (St S)

### Fri 6:

No Mass

12pm Lent lunch (St G)

12:15pm Funeral (St S)

### Sat 7:

11am Mass (St S)

### Sun 8: Lent II

**St Saviour's:**

9:30 Sung Mass;

**St German's:**

8am Nightshelter Mass

11:00 am Sung Mass

## Parish Priest:

Fr Phelim O'Hare,

02922 411229

(day off is Friday)

[phelimohare@gmail.com](mailto:phelimohare@gmail.com)

## Churchwardens:

Bill Eastwood

07800 946949

David Gibbins

07813160825

## READINGS THIS WEEK

Gen 2:7-9; 3:1-7

Ps 51:3-6, 12-13, 14+17

Rom 5:12-19

Matt 4:1-11

## READINGS NEXT WEEK

Gen 12:1-4a

Ps 33:4-5, 18-19, 20+22

2 Tim 1:8b-10

Matt 17:1-9 -

Transfiguration

## PSALM RESPONSE

Have mercy on us, O  
Lord, for we have  
sinned. (vv.4)

**COLLECT**

Almighty Father, whose Son was revealed in majesty before he suffered death upon the cross: give us grace to perceive his glory, that we may be strengthened to suffer with him and be changed into his likeness, from glory to glory; who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever. **Amen.**

**GATHERING:**

1 Forty days and forty nights you were fasting in the wild; forty days and forty nights tempted, and yet undefiled.

2 Shall not we your sorrow share and from worldly joys abstain, fasting with unceasing prayer, strong with you to suffer pain?

3 Then if Satan on us press, flesh or spirit to assail, victor in the wilderness, grant that we not faint nor fail!

4 So shall we have peace divine: holier gladness ours shall be; round us, too, shall angels shine, such as served you faithfully.

5 Keep, O keep us, Saviour dear, ever constant by your side, that with you we may appear at the eternal Eastertide.

**OFFERTORY:**

*Mi glywaf dyner lais,  
Yn galw arnaf fi,  
I ddod a golchi 'meiau gyd,  
Yn afon Calfari.*

*Arglwydd, dyma fi  
Ar dy alwad di,  
Golch fi'n burlan  
yn y gwaed  
A gaed ar Galfari.*

*Yr Iesu sy'n fy ngwadd,  
I dderbyn gyda'i saint,  
Ffydd, gobaiith,  
cariad pur a hedd,  
A phob rhyw nefol fraint.*

*Yr Iesu sy'n cryfhau,  
O'm mewn Ei waith trwy ras;  
Mae'n rhoddi nerth  
i'm henaid gwan,  
I faeddu 'mhechod cas.*

*Gogoniant byth am drefn,  
Y cymod a'r glanhad;  
Derbyniad Iesu fel yr wyf,  
A chanaf am y gwaed.*

**COMMUNION:**

Nid wy'n gofyn  
bywyd moethus,  
Aur y byd na'i berlau mân:  
Gofyn wyf am galon hapus,  
Calon onest, calon lân.

*Calon lân yn llawn daioni,  
Tecach yw na'r lili dlos:  
Dim ond calon lân all ganu  
Canu'r dydd a chanu'r nos.*

Pe dymunwn olud bydol,  
Hedyn buan ganddo sydd;  
Golud calon lân, rinweddol,  
Yn dwyn bythol elw fydd.

Hwyr a bore fy nymuniad  
Gwyd i'r nef ar adain cân  
Ar i Dduw, er mwyn fy  
Ngheidwad,  
Roddi i mi galon lân.

**FINAL HYMN:**

Guide me O  
Thou great Redeemer  
Pilgrim through this barren land.  
I am weak but Thou art mighty  
Hold me with thy powerful hand.  
Bread of heaven,  
Bread of heaven  
Feed me till I want no more,  
Feed me till I want no more,

Open now the crystal fountain  
Whence the healing  
streams do flow,  
Let the fire and cloudy pillar  
Lead me all my journey through,  
Strong Deliverer, Strong deliverer  
Be Thou still  
my strength and shield.  
Be Thou still  
my strength and shield.

When I tread the verge of Jordan  
Bid my fears anxious subside  
Death of death,  
and hell's destruction,  
Land me safe on Canaan's side,  
Songs of praises, Songs of praises  
I will ever give to thee  
I will ever give to thee

## FIRST READING

A reading from the book of Leviticus.

The Lord spoke to Moses; he said:  
‘Speak to the whole community of  
the sons of Israel and say to them:  
“Be holy, for I, the Lord your God,  
am holy.  
“You must not bear hatred for  
your brother in your heart. You must  
openly tell him, your neighbour, of  
his offence; this way you will not  
take a sin upon yourself. You must  
not exact vengeance, nor must you  
bear a grudge against the children of  
your people. You must love your  
neighbour as yourself. I am the  
Lord.”’

This is the word of the Lord.

*Lev 19*

## RESPONSORIAL PSALM

***Have mercy on us, O Lord,  
for we have sinned.***

Have mercy on me, God,  
in your kindness.  
In your compassion blot out my offence.  
O wash me more and more  
from my guilt  
and cleanse me from my sin. *R/*

My offences truly I know them;  
my sin is always before me  
Against you, you alone, have I sinned;  
what is evil in your sight I have done. *R/*

A pure heart create for me, O God,  
put a steadfast spirit within me.  
Do not cast me away  
from your presence,  
nor deprive me of your holy spirit. *R/*

Give me again the joy of your help;  
with a spirit of fervour sustain me,  
O Lord, open my lips  
and my mouth shall declare your praise.  
*R/*

*Psalms 103*

## SECOND READING

A reading from the 1st letter of Paul to  
the Corinthians.

Didn't you realise that you were  
God's temple and that the Spirit of  
God was living among you? If  
anybody should destroy the temple  
of God, God will destroy him,  
because the temple of God is sacred;  
and you are that temple.

Make no mistake about it: if any  
one of you thinks of himself as wise,  
in the ordinary sense of the word,  
then he must learn to be a fool  
before he really can be wise. Why?  
Because the wisdom of this world is  
foolishness to God. As scripture says:  
*The Lord knows wise men's thoughts:  
he knows how useless they are;* or  
again: *God is not convinced by the  
arguments of the wise.* So there is  
nothing to boast about in anything  
human: Paul, Apollos, Cephas, the  
world, life and death, the present  
and the future, are all your servants;  
but you belong to Christ and Christ  
belongs to God.

This is the word of the Lord.

*1 Cor 3*

## GOSPEL

A reading from the Holy Gospel  
according to St Luke.

‘You have heard that it was said, “An  
eye for an eye and a tooth for a  
tooth.” But I say to you, Do not  
resist an evildoer. But if anyone  
strikes you on the right cheek, turn  
the other also; and if anyone wants  
to sue you and take your coat, give  
your cloak as well; and if anyone  
forces you to go one mile, go also  
the second mile. Give to everyone  
who begs from you, and do not  
refuse anyone who wants to borrow  
from you.  
‘You have heard that it was said,  
“You shall love your neighbour and  
hate your enemy.” But I say to you,  
Love your enemies and pray for  
those who persecute you, so that  
you may be children of your Father  
in heaven; for he makes his sun rise  
on the evil and on the good, and  
sends rain on the righteous and on  
the unrighteous. For if you love  
those who love you, what reward do  
you have? Do not even the tax-  
collectors do the same? And if you  
greet only your brothers and sisters,  
what more are you doing than  
others? Do not even the Gentiles do  
the same? Be perfect, therefore, as  
your heavenly Father is perfect.’

This is the gospel of the Lord.

*Matt 5*