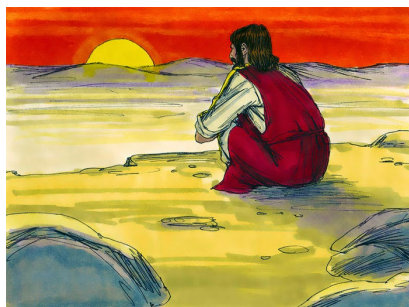


St Saviour's Church

21 Feb 2021 - Lent 1



'Stones into Bread'

The Fountain thirsts,
the Bread is hungry here
The Light is dark, the Word
without a voice.
When darkness speaks
it seems so light and clear.
Now He must dare,
with us, to make a choice.
In a distended belly's
cruel curve
He feels the famine
of the ones who lose
He starves for those whom
we have forced to starve

He chooses now for those
who cannot choose.
He is the staff
and sustenance of life
He lives for all
from one Sustaining Word
His love still breaks
and pierces like a knife
The stony ground of hearts
that never shared,
God gives through Him
what Satan never could;
The broken bread
that is our only food..

Sonnet by Malcolm Guite

Parish Notes:

Welcome - Welcome to Fr Rhys Jenkins who is presiding today. Thanks also to Natasha for preaching

Next Sunday - Reserve your seat at St Saviour's mass via Liz on 07718918846.

Weekday Services - No evening masses this week - morning masses on Tuesday and Wednesday will be as normal. Thanks in advance to Fr Chris Lee for covering these.

Covid Risks Update - Our risk assessment states people must adhere to social distancing and so go straight to their chair and at the end of the service leave in an orderly manner. We know the cold weather makes it difficult yet it is only really outside that catch ups and some fellowship may be possible because of reduced chances of coronavirus spreading.

Zoom Bingo - Many thanks to all who supported our recent zoom bingo on Shrove Tuesday. We hope to do it again in honour of St David, patron saint of Wales. We meet on zoom on Tuesday 2 March at 7pm. Please see Ross for details and prizes. We hope to play five games and all donations will go to charity. It lasts about an hour ross.pilliner18@stpadarns.ac.uk

Lent Courses etc - With the growth of online worship and formation there are many Lent courses and retreats available for people to follow and pray. There are a list of these available to choose from on our website. We will follow our pattern from last year and explore an Easter Course or Book Group and hopefully restrictions will have been eased to allow us to do this in person by then.

Ministry Area Open Meeting - The next open meeting on zoom is on Wednesday 3 March at 7pm and will involve members of all three areas of the South Cardiff MA (Splott, Butetown and Grangetown). This will be another chance to listen in to views and opinions from across the MA as well as setting out likely processes from here on in. If you'd like to be part of this please let us know and we'll send you the link. Even if you are just curious and want to listen in you'd be more than welcome.

Stations of the Cross - Are now available to be played during the season of Lent. Stations are available from St Saviour's and also St German's. Many thanks to Brian Williams for his recording of Cesar Franck's 'Stations' for this recording.

Faith QI - Next meets on St Patrick's day 17 March at 7pm via zoom. Each evening we explore a different topic related to our faith and spirituality - sometimes prayer, sometimes philosophy, sometimes theology. At the heart of it is a desire to understand and deepen our own faith.

Recently Departed - Irene Fawcett, Ivy Marshall RIP

This week:

Sun 21 - Lent I

Pray for: Penarth & Llandough, Mark Jones (V) and Alison Reeves (C) ; The Church of the province of Central Africa.

St Saviour's:

9:30 Sung Mass;

St German's:

11:00 am Mass

Mon 22 -

No Mass this week (St G)

Tue 23 -

Mass (St S) 10:00

Wed 24:

10:00 Mass (St G)

Thur 25:

No Mass this week (St S)

Fri 26:

No Mass today

Sat 27:

No Mass today

Sun 28 - Lent II

Pray for: Pontypridd Ministry Area and their clergy: Michael Gable, Jude Bevan, Peter Watson. The Anglican Church of Central America.

St Saviour's:

9:30 Sung Mass;

St German's:

11:00 am Mass

Parish Priest:

Fr Phelim O'Hare,
02922 411229,
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Churchwardens:

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READINGS THIS WEEK

Gen 9:8-15
Ps 25:4-5, 6-7, 8-9
1 Pet 3:18-22
Mark 1:12-15

READINGS NEXT WEEK

Gen 22:1-2, 9-13, 15-18
Ps 116:10+15, 16-19
Rom 8:31b-34
Mark 9:2-10

PSALM RESPONSE

**You are my refuge, O
Lord; you fill me with
the joy of salvation.
(3vs)**

COLLECT:

Almighty God, whose Son Jesus Christ fasted forty days in the wilderness, and was tempted as we are, yet without sin: give us grace to discipline ourselves in obedience to your Spirit; and, as you know our weakness, so may we know your power to save; through Jesus Christ your Son our Lord, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever. **Amen.**

TODAY'S MUSIC:

Forty days and forty nights
Lord Jesus think on me
Great is thy faithfulness
Praise to the holiest

FIRST READING :

A reading from the book of Genesis.

God spoke to Noah and his sons, 'See, I establish my Covenant with you, and with your descendants after you; also with every living creature to be found with you, birds, cattle and every wild beast with you: everything that came out of the ark, everything that lives on the earth. I establish my Covenant with you: no thing of flesh shall be swept away again by the waters of the flood. There shall be no flood to destroy the earth again.'

God said, 'Here is the sign of the Covenant I make between myself and you and every living creature with you for all generations: I set my bow in the clouds and it shall be a sign of the Covenant between me and the earth. When I gather the

clouds over the earth and the bow appears in the clouds, I will recall the Covenant between myself and you and every living creature of every kind. And so the waters shall never again become a flood to destroy all things of flesh.'

This is the word of the Lord.

Genesis 9

PSALM

You are my refuge, O Lord; you fill me with the joy of salvation.

Happy the man whose offence is forgiven,
whose sin is remitted.
O happy the man to whom the Lord imputes no guilt,
in whose spirit is no guile. **R/**

But now I have acknowledged my sins;
my guilt I did not hide.
I said: 'I will confess my offence to the Lord.'
And you, Lord, have forgiven the guilt of my sin. **R/**

Rejoice, rejoice in the Lord,
exult, you just!
O come, ring out your joy,
all you upright of heart. **R/**

Psalm 32

SECOND READING :

A reading from the 1st letter of Peter

Christ himself, innocent though he was, died once for sins, died for the guilty, to lead us to God. In the body he was put to death, in the spirit he was raised to life, and, in the spirit, he went to preach to the spirits in prison. Now it was long ago, when Noah was still building that ark which saved only a small group of eight people 'by water', and when God was still waiting patiently, that these spirits refused to believe. That

water is a type of the baptism which saves you now, and which is not the washing off of physical dirt but a pledge made to God from a good conscience, through the resurrection of Jesus Christ, who has entered heaven and is at God's right hand, now that he has made the angels and Dominations and Powers his subjects.

This is the word of the Lord.

1 Peter 3

GOSPEL ACCLAMATION:

Praise to you, O Christ,
King of eternal Glory
Man does not live on bread alone,
but on every word that comes
from the mouth of God.
Praise to you, O Christ,
King of eternal Glory.

GOSPEL:

A reading from the Holy Gospel according to Mark.

And the Spirit immediately drove him out into the wilderness. He was in the wilderness for forty days, tempted by Satan; and he was with the wild beasts; and the angels waited on him.

Now after John was arrested, Jesus came to Galilee, proclaiming the good news of God, and saying, 'The time is fulfilled, and the kingdom of God has come near; repent, and believe in the good news.'

This is the Gospel of the Lord.

Mark 1:12-15