Parish Notes:

Next Sunday - Reserve your seat at St Saviour’s mass via Liz on 07718918846.

Palm Sunday and Holy Week - With ongoing restrictions we need to still be careful how we mind each other during the various services of Holy Week. With that in mind, we hope to begin celebrate Palm Sunday in Church as much as we can. As much as we can we will try and stay true to how we traditionally celebrate during this most holy week. However, please bear with us as some things will be different and in accordance with our Covid risk assessment. A full list of Holy Week can be found online or on a flyer at the back of the church. Planning meeting next Sunday on zoom.

South Cardiff Ministry Area - Steering Group meets on Wed 14 April. MA Treasurer’s meet this coming Wednesday evening via Zoom.

Covid Risks Update - Our risk assessment states people must adhere to social distancing and so go straight to their chair and at the end of the service leave orderly. Once outside catch ups and some fellowship is possible. Remember space, face and hands precautions.

Lent Course - With the growth of online worship and formation there are many Lent courses and retreats available for people to follow and pray. There are a list of these available to choose from on our website. We will follow our pattern from last year and explore an Easter Course or Book Group and hopefully restrictions will have been eased to allow us to do this in person by then.

Easter Flowers - Order forms for those wishing to sponsor Easter Floral arrangements will be available from Gwyneth. Anyone wishing to make a donation towards the flowers/plants for the Altar of Repose and Easter Garden please see Liz.

Lenten Charity - This year we are supporting our neighbours at the ‘Oasis Cafe’ as they work with refugees and asylum seekers. We will continue to collect for this worthy cause during Lent.

Stations of the Cross - Are now available to be played during the season of Lent. Stations are available from St Saviour’s and also St German’s. Many thanks to Brian Williams for his recording of Cesar Franck’s ‘Stations’ for this recording.

Faith Q1 - Next meets after Easter at 7pm on Wednesday 21 April via zoom. Each evening we explore a different topic related to our faith and spirituality - sometimes prayer; sometimes philosophy, sometimes theology. At the heart of it is a desire to understand and deepen our own faith. The next topic will be ‘God and the Pandemic’.

“And now my soul is troubled”

Lent has just picked up a gear as well as a renewed focus as Holy Week is very close and the events and emotions of this week are almost upon us. Passion-tide begins today and with it comes a sobering reminder that at the heart of Holy Week is death - the death of Jesus that precedes his resurrection. No wonder his soul is troubled, our would be too if we knew how short our time actually was. With our focus now on Jesus and what he did for us, we are conscious always of the goodness of God who walks with us always and especially in troubled times when our souls are in anguish and we long for help.
COLLECT:
Most merciful God, who by the death and resurrection of your Son Jesus Christ delivered and saved the world: grant that by faith in him who suffered on the cross we may triumph in the power of his victory; through Jesus Christ your Son our Lord, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever. Amen.

TODAY’S MUSIC:
I bind unto myself
Ag Criost an Siol
I cannot tell
On eagle’s wings

FIRST READING:
A reading from the book of Exodus.

See, the days are coming – it is the Lord who speaks – when I will make a new covenant with the House of Israel (and the House of Judah), but not a covenant like the one I made with their ancestors on the day I took them by the hand to bring them out of the land of Egypt. They broke that covenant of mine, so I had to show them who was master. It is the Lord who speaks. Deep within them I bind unto myself. I cannot tell. No, this is the word of the Lord.

SECOND READING:
A reading from the first letter of Paul to the Corinthians

During his life on earth, Christ offered up prayer and entreaty, aloud and in silent tears, to the one who had the power to save him out of death, and he submitted so humbly that his prayer was heard. Although he was Son, he learnt to obey through suffering; but having been made perfect, he became for all who obey him the source of eternal salvation.

This is the word of the Lord.

PSALM
A pure heart create for me, O God.

Have mercy on me, God, in your kindness.
In your compassion blot out my offence.
O wash me more and more from my guilt
and cleanse me from my sin. R/

A pure heart create for me, O God,
put a steadfast spirit within me.
Do not cast me away from your presence,
nor deprive me of your holy spirit. R/

Give me again the joy of your help;
with a spirit of fervour sustain me,
that I may teach transgressors your ways
and sinners may return to you. R/

Amen.

GOSPEL ACCLAMATION:
Glory to you, O Christ, you are the Word of God! Whoever serves me must follow me, the Father will honour. Now my soul is troubled. And what should I say - “Father, save me from this hour”? No, it is for this reason that I have come to this hour. Father, glorify your name.' Then a voice came from heaven, 'I have glorified it, and I will glorify it again.' The crowd standing there heard it and said that it was thunder.

This is the word of the Lord.

GOSPEL:
A reading from the Holy Gospel according to John.

Now among those who went up to worship at the festival were some Greeks. They came to Philip, who was from Bethsaida in Galilee, and said to him, ‘Sir, we wish to see Jesus.’ Philip went and told Andrew; then Andrew and Philip went and told Jesus. Jesus answered them, ‘The hour has come for the Son of Man to be glorified. Very truly, I tell you, unless a grain of wheat falls into the earth and dies, it remains just a single grain; but if it dies, it bears much fruit. Those who love their life lose it, and those who hate their life in this world will keep it for eternal life. Whoever serves me must follow me, and where I am, there will my servant be also. Whoever serves me, the Father will honour. Now my soul is troubled. And what should I say - “Father, save me from this hour”? No, it is for this reason that I have come to this hour. Father, glorify your name.’ Then a voice came from heaven, ‘I have glorified it, and I will glorify it again.’ The crowd standing there heard it and said that it was thunder. Others said, ‘An angel has spoken to him.’ Jesus answered, ‘This voice has come for your sake, not for mine. Now is the judgement of this world; now the ruler of this world will be driven out. And I, when I am lifted up from the earth, will draw all people to myself.’ He said this to indicate the kind of death he was to die.

This is the Gospel of the Lord.