

St Saviour's Church

23 June 2019 - Corpus Christi (Trinity 1)



O precious and wonderful banquet, that brings us salvation and contains all sweetness! Could anything be of more intrinsic value? Under the old law it was the flesh of calves and goats that was offered, but here Christ himself, the true God, is set before us as our food. What could be more wonderful than this? No other sacrament has greater healing power; through it sins are purged away, virtues are increased, and the soul is enriched with an abundance of every spiritual gift. It is offered in the Church for the living and the dead, so that what was instituted for the salvation of all may be for the benefit of all. (*'On the feast of Corpus Christi'*, by St Thomas Aquinas.

Parish Notes:

2019 Stewardship Campaign - concludes this week when we will start to collect in the different commitment forms given out previously. We will have an Act of Thanksgiving and Celebration for all those who give so generously to our community on Sunday 7 July 2019.

Next Sunday - We welcome Fr Keith Kimber who will preside and preach for us on the feast day of Sts Peter and Paul.

Social Events - next Sunday 30 June - Strawberry Tea at 3pm. Tickets now available for this event which is in aid of parish funds. Please see Liz for tickets and details.

Walsingham Pilgrimage - Those travelling to the shrine of Our Lady of Walsingham (22-25 July) should pay final monies by Sun 30 June. Cheques payable to LDWP (Llandaff Diocese Walsingham Pilgrimage). See Liz for details.

Rome and Assisi Pilgrimage 2019 - 2-6 December. If you are interested in going please see Fr Phelim. Cost of flights from Bristol, transfers and transport in Rome and to Assisi will be £250.

Cardiff Foodbank - urgently needed items: long life fruit juice, UHT milk, Rice Pudding, Sponge Pudding, Tinned Potatoes, Tinned Tomatoes, Tinned fish. We have plenty of: Beans, pasta, cereals, snacks & sweets, soup, tea, meat. Many thanks.

Petertide Ordinations - Please pray for those who will be ordained to the diaconate or presbyterate this coming Saturday in Llandaff Cathedral.

Glastonbury Pilgrimage - Sat 13 July. Bust cost: £20 by 6 July.. Numbers asap.

Recently Departed: Barbara Potega, Fr Richard Parry RIP

This week:

Sun 23 CORPUS CHRISTI (Trinity 1)

9:30 Sung Mass (St S)

11am Sung Mass (St G)

Mon 24:

6:00pm Mass (St G)

The Birthday of John the Baptist

Tues 25:

10am Mass (St S)

Wed 26:

10am Mass (St G)

Thur 27:

5:45pm mass (St S)

St Cyril of Alexandria

Fri 28:

6:00pm Mass (St S)

Sacred Heart of Jesus

Sat 29:

11am Mass (St S)

Immaculate Heart of Mary

Sun 30: STS PETER & PAUL

St Saviour's:

9:30 Sung Mass;

St German's:

11:00 am Sung Mass

Parish Priest:

Fr Phelim O'Hare,

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(Day off - Friday)

Churchwardens:

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READINGS THIS WEEK

Genesis 14:18-20

Psalms 110:1-4

1 Corinthians 11:23-26

Luke 9:11-17

READINGS NEXT WEEK

Acts 12:1-11

Psalms 34:2-3, 4-5, 6-7, 8-9

2 Timothy 4:6-8, 17-18

Matt 16:13-19

PSALM RESPONSE

You are a priest for ever,
a priest like Melchizedek of old.
(4vv)

COLLECT

Jesus, Saviour of the world,
we thank you that in this
wonderful sacrament you have
left us a memorial of your
passion: grant us so to
reverence the sacred mysteries
of your body and blood that
we may know within
ourselves the fruit of your
redeeming love; who live and
reign with the Father and the
Holy Spirit, one God, for ever
and ever. **Amen.**

GATHERING:

**One bread, one body, one Lord of all,
one cup of blessing which we bless.
And we, though many,
throughout the earth,
we are one body in this one Lord.**

Gentile or Jew, servant or free,
woman or man, no more.

Many the gifts, many the works,
one in the Lord of all.

Grain for the fields, scattered and grown,
gathered to one, for all.

OFFERTORY:

Gifts of bread and wine,
gifts we've offered,
fruits of labour, fruits of love:
taken, offered, sanctified,
blessed and broken;
words of one who died:

**'Take my body, take my saving blood.'
Gifts of bread and wine:
Christ our Lord.**

Christ our Saviour, living presence here,
as He promised while on earth:
'I am with you for all time,
I am with you in this bread and wine.'

Through the Father, with the Spirit,
one in union with the Son,
for God's people, joined in prayer,
faith is strengthened by the food we
share.

COMMUNION 1:

Sweet Sacrament divine,
hid in thine earthly home,
lo, round thy lowly shrine,
with suppliant hearts we come;
Jesus, to thee our voice we raise
in songs of love and heartfelt praise:
sweet Sacrament divine.

Sweet Sacrament of peace,
dear home for every heart,
where restless yearnings cease
and sorrows all depart;
there in thine ear all trustfully
we tell our tale of misery:
sweet Sacrament of peace.

Sweet Sacrament of rest,
ark from the ocean's roar,
within thy shelter blest
soon may we reach the shore;
save us, for still the tempest raves,
save, lest we sink beneath the waves:
sweet Sacrament of rest.

Sweet Sacrament divine,
earth's light and jubilee,
in thy far depths doth shine
thy Godhead's majesty;
sweet light, so shine on us, we pray,
that earthly joys may fade away:
sweet Sacrament divine.

COMMUNION 2:

Godhead here in hiding,
whom I do adore,
Masked by these bare shadows,
shape and nothing more,
See, Lord, at thy service
low lies here a heart
Lost, all lost in wonder
at the God thou art.

Seeing, touching, tasting
are in thee deceived:
How says trusty hearing?
that shall be believed;
What God's Son has told me,
take for truth I do;
Truth himself speaks truly
or there's nothing true.

On the cross thy godhead
made no sign to men,
Here thy very manhood
steals from human ken:
Both are my confession,
both are my belief,
And I pray the prayer of the dying thief.

I am not like Thomas,
wounds I cannot see,
But can plainly call thee
Lord and God as he;
Let me to a deeper faith
daily nearer move,
Daily make me harder
hope and dearer love.

Jesu, whom I look at
shrouded here below,
I beseech thee send me
what I thirst for so,
Some day to gaze on thee
face to face in light
And be blest for ever
with thy glory's sight. Amen.

PROCESSIONAL FINAL HYMN:

Of the glorious body telling,
O my tongue, its mysteries sing.
And the blood, all price excelling,
Which the world's eternal King,
In a noble womb once dwelling,
Shed for this world's ransoming.

Given for us, for us descending,
Of a virgin to proceed,
Man with man in converse blending,
Scattered He the Gospel seed,
Till His sojourn drew to ending,
Which He closed in glorious deed.

At the last great supper lying
Circled by His brethren's band,
Meekly with the law complying,
First he finished the command,
Then, immortal food supplying,
Gave Himself with His own hand.

Word made flesh, by word He maketh
Very bread His flesh to be;
Man in wine Christ's blood partaketh:
And if senses fail to see,
Faith alone the true heart waketh
To behold the mystery.

Therefore we, before Him bending,
This great sacrament revere;
Types and shadows have their ending,
For the newer rite is here;
Faith, our outward sense befriending,
Makes the inward vision clear.

Glory let us give, and blessing
To the Father, and the Son;
Honor, might, and praise addressing,
While eternal ages run;
Ever too His love confessing,
Who, from both, with both is one.

FIRST READING

The First reading is from the book of Genesis.

Melchizedek king of Salem brought bread and wine; he was a priest of God Most High. He pronounced this blessing:

‘Blessed be Abram by God Most High, creator of heaven and earth, and blessed be God Most High for handing over your enemies to you.’ And Abram gave him a tithe of everything.

This is the word of the Lord.

Prov. 8

RESPONSORIAL PSALM

**You are a priest for ever,
a priest like Melchizedek of old.**

The Lord’s revelation to my Master:
‘Sit on my right:
your foes I will put beneath your feet.’ *R/*

The Lord will wield from Zion
your sceptre of power:
rule in the midst of all your foes. *R/*
A prince from the day of your birth
on the holy mountains;
from the womb before the dawn I
begot you. *R/*

The Lord has sworn an oath he will
not change.
‘You are a priest for ever,
a priest like Melchizedek of old.’ *R/*
Psalms 110

SECOND READING

The Second Reading is from St Paul’s first letter to the Romans.

This is what I received from the Lord, and in turn passed on to you: that on the same night that he was betrayed, the Lord Jesus took some bread, and thanked God for it and broke it, and he said, ‘This is my body, which is for you; do this as a memorial of me.’ In the same way he took the cup after supper, and said, ‘This cup is the new covenant in my

blood. Whenever you drink it, do this as a memorial of me.’ Until the Lord comes, therefore, every time you eat this bread and drink this cup, you are proclaiming his death.

This is the word of the Lord.

1 Cor 11

GOSPEL

A reading from the Holy Gospel according to St Luke.

When the crowds found out about it, they followed him; and he welcomed them, and spoke to them about the kingdom of God, and healed those who needed to be cured.

The day was drawing to a close, and the twelve came to him and said, ‘Send the crowd away, so that they may go into the surrounding villages and countryside, to lodge and get provisions; for we are here in a deserted place.’ But he said to them, ‘You give them something to eat.’ They said, ‘We have no more than five loaves and two fish—unless we are to go and buy food for all these people.’ For there were about five thousand men. And he said to his disciples, ‘Make them sit down in groups of about fifty each.’ They did so and made them all sit down. And taking the five loaves and the two fish, he looked up to heaven, and blessed and broke them, and gave them to the disciples to set before the crowd. And all ate and were filled. What was left over was gathered up, twelve baskets of broken pieces.

This is the gospel of the Lord.

Luke 9