

# St Saviour's Church

3 June 2018 - Trinity 1 (OT 9)



**The Symbolism of the Sabbath** - "In the times of Jesus the sabbath, and the commandment to keep it holy, symbolised the the complex network of laws which governed the Jewish religion at the time. In our own times this could symbolise the different laws and customs often tyrannise us - the market, fashion, success, popularity, respectability, social roles and so forth. Laws can also be a bondage inner church when we allow them to become inflexible". Michel de Verteuil.

## Parish Notes:

**Welcome** - Congratulations and a warm welcome to Samuel and Iolo on their Baptism during today's Mass. A warm welcome also to Helen Taylor who will be formally received into our faith community of the Church in Wales. Refreshments afterwards.

**'Thank You'** to everyone for their love support during these past weeks and also attending Johns service of Thanksgiving. From Betti Thomas.

**Bake Sale** Next Sunday 10 June after mass. All proceeds to Christian Aid.

**Glastonbury Pilgrimage** Saturday 7 July. Leaving St. Mary's Butetown by 8.30am. Leaving Glastonbury Abbey at 4.15pm. £20 adults £16 for under 16s & members of the Glastonbury Pilgrimage Association. If you would like to join us please place your name on the list in the foyer ASAP please. All monies to Liz by Sun 17th June.

**Strawberry Tea** Sunday 24 June at 3.00pm. Tickets are on sale from today £5 adults & £2 children. All proceeds to church funds.

**Walsingham** - Final payments for this year's pilgrimage should be paid to Liz by Sunday 24 June. Accommodation/Meals & transport £280 (150 for those 5-16 yeas) Accommodation & meals only £205 (£120 for those 5-16 years) Under 5s free. If you have paid a £20 deposit please deduct this from your final amount payable.

**Llandaff Festival of Prayer** - 14 July 2018 at St Teilo's CinW school. Information and booking forms available at the back of the Church and on our website.

**Evensong and Benediction** - Sunday 17 June 2018 at 6pm in St German's.

**Confirmation Classes** - Next meets this Thurs 7 June at 6:20pm in St Saviour's. This is now for children and young people. For adult faith formation see Fr Phelim.

**Recently Departed:** Ronnie Andrews, Julie Cochlin, Julie Gulley, Matthew Harken

## This week:

### Sun 3 Trinity 1

9:30 Sung Mass and  
Baptism (St S)

11am Sung Mass (St G)

### Mon 4:

6:00pm Mass (St G)

### Tues 5:

10am Mass (St S)  
St Boniface

### Wed 6:

10am Mass (St G)

### Thur 7:

5:45pm Mass (St S)

### Fri 8:

6pm Mass (St S)  
Sacred Heart of Jesus

### Sat 9:

11am Mass (St S)

Immaculate heart of  
Mary

### Sun 10: Trinity 2

(Ordinary Time 10)

### St Saviour's:

9:30 Sung Mass;

### St German's:

11:00 am Sung Mass

11:00 am Sung Mass

## Parish Priest:

Fr Phelim O'Hare,  
02922 411229,  
[phelimohare@gmail.com](mailto:phelimohare@gmail.com)  
(Day off - Friday)

## Churchwardens:

Bill Eastwood  
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[www.saintgermanwithsaintsaviour.org](http://www.saintgermanwithsaintsaviour.org)

## READINGS THIS WEEK

Deut 5:12-15  
Ps 81:3-4, 5-6, 7-8, 10-11  
2 Cor 4:6-11  
Mark 2:23—3:6

## READINGS NEXT WEEK

Gen 3:9-15  
Ps 130:1-2, 3-4, 5-6, 7-8  
2 Cor 4:13—5:1  
Mark 3:20-35

## PSALM:

Ring out your joy to  
God our strength.  
(4vv)

**COLLECT:**

God, the strength of all those who put their trust in you, mercifully accept our prayers and, because through the weakness of our mortal nature we can do no good thing without you, grant us the help of your grace, that in the keeping of your commandments we may please you both in will and deed; through Jesus Christ your Son our Lord, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever. **Amen.**

**GATHERING:**

All my hope on God is founded;  
He doth still my trust renew,  
Me through change and chance  
He guideth,  
Only good and only true.  
God unknown, He alone  
Calls my heart to be His own.

Pride of man and earthly glory,  
Sword and crown betray His trust;  
What with care and toil He buildeth,  
Tower and temple fall to dust.  
But God's power, hour by hour,  
Is my temple and my tower.

God's great goodness aye endureth,  
Deep His wisdom, passing thought:  
Splendor, light and life attend him,  
Beauty springeth out of naught.  
Evermore from His store  
Newborn worlds rise and adore.

Daily doth th'almighty Giver  
Bounteous gifts on us bestow;  
His desire our soul delighteth,  
Pleasure leads us where we go.  
Love doth stand at His hand;  
Joy doth wait on His command.

Still from man to God eternal  
Sacrifice of praise be done,  
High above all praises praising  
For the gift of Christ, His Son.  
Christ doth call one and all:  
Ye who follow shall not fall.

**OFFERTORY:**

Gifts of bread and wine,  
gifts we've offered,  
fruits of labour, fruits of love:  
taken, offered, sanctified,  
blessed and broken;  
words of one who died:

**'Take my body, take my saving blood.'**

**Gifts of bread and wine:  
Christ our Lord.**

Christ our Saviour,  
living presence here,  
as He promised while on earth:  
'I am with you for all time,  
I am with you  
in this bread and wine.'

**'Take my body....'**

Through the Father, with the Spirit,  
one in union with the Son,  
for God's people, joined in prayer,  
faith is strengthened  
by the food we share.

**'Take my body...'**

**COMMUNION:**

Love is his word, love is his way,  
feasting with all, fasting alone,  
living and dying, rising again,  
love, only love, is his way:

**Richer than gold  
is the love of my Lord,  
better than splendour and wealth.**

Love is his way, love is his mark,  
sharing his last Passover feast,  
Christ at his table,  
host to the twelve,  
love, only love, is his mark:

Love is his mark, love is his sign,  
bread for our strength,  
wine for our joy,  
'This is my body, this is my blood' -  
love, only love, is his sign:

Love is his sign, love is his news,  
'Do this,' he said, 'lest you forget  
all my deep sorrow,  
all my dear blood' -  
love, only love, is his news:

Love is his news, love is his name,  
we are his own, chosen and called,  
family, brethren, cousins and kin,  
love, only love, is his name:

Love is his name, love is his law,  
hear his command, all who are his  
'Love one another, I have loved you'  
love, only love, is his law.

Love is his law, love is his word:  
love of the Lord, Father and Word,  
love of the Spirit, God ever one,  
love, only love, is his word:

**FINAL HYMN:**

Lord Jesus Christ  
you have come to us  
You are one with us, Mary's Son.  
Cleansing our souls  
from all their sin  
pouring Your love and goodness in  
Jesus our love for you we sing,  
living Lord.

Lord Jesus Christ  
now and every day  
Teach us how to pray, Son of God.  
You have commanded us to do  
this in remembrance Lord of you  
Into our lives  
your power breaks through,  
living Lord.

Lord Jesus Christ,  
you have come to us  
Born as one with us, Mary's Son.  
Led out to die on Calvary,  
risen from death to set us free,  
living Lord Jesus help us see  
You are Lord.

Lord Jesus Christ  
I would come to you  
live my life for you, Son of God.  
All your commands  
I know are true,  
your many gifts will make me new,  
into my life  
your power breaks through,  
living Lord.

## FIRST READING

The First reading is from the book of Deuteronomy.

The Lord says this: 'Observe the sabbath day and keep it holy, as the Lord your God has commanded you. For six days you shall labour and do all your work, but the seventh day is a sabbath for the Lord your God. You shall do no work that day, neither you nor your son nor your daughter nor your servants, men or women, nor your ox nor your donkey nor any of your animals, nor the stranger who lives with you. Thus your servant, man or woman, shall rest as you do. Remember that you were a servant in the land of Egypt, and that the Lord your God brought you out from there with mighty hand and outstretched arm; because of this, the Lord your God has commanded you to keep the sabbath day.'

This is the word of the Lord.

*Deut 5*

## RESPONSORIAL PSALM

**Ring out your joy to God our strength.**

Raise a song and sound the timbrel,  
the sweet-sounding harp and the lute;  
blow the trumpet at the new moon,  
when the moon is full, on our feast. **R/**

For this is Israel's law,  
a command of the God of Jacob.  
He imposed it as a rule on Joseph,  
when he went out against the land of Egypt. **R/**

A voice I did not know said to me:

'I freed your shoulder from the burden;  
your hands were freed from the load.  
You called in distress and I saved you. **R/**

'Let there be no foreign god among you,  
no worship of an alien god.  
I am the Lord your God,  
who brought you from the land of Egypt.' **R/**

*Psalm 81*

## SECOND READING

A reading from the second letter of St Paul to the Corinthians.

It is the same God that said, 'Let there be light shining out of darkness', who has shone in our minds to radiate the light of the knowledge of God's glory, the glory on the face of Christ.

We are only the earthenware jars that hold this treasure, to make it clear that such an overwhelming power comes from God and not from us. We are in difficulties on all sides, but never cornered; we see no answer to our problems, but never despair; we have been persecuted, but never deserted; knocked down, but never killed; always, wherever we may be, we carry with us in our body the death of Jesus, so that the life of Jesus, too, may always be seen in our body. Indeed, while we are still alive, we are consigned to our death every day, for the sake of Jesus, so that in our mortal flesh the life of Jesus, too, may be openly shown.

This is the word of the Lord.

*2 Cor 4*

## GOSPEL

A reading from the Holy Gospel according to St Mark.

One sabbath he was going through the cornfields; and as they made their way his disciples began to pluck heads of grain. The Pharisees said to him, 'Look, why are they doing what is not lawful on the sabbath?' And he said to them, 'Have you never read what David did when he and his companions were hungry and in need of food? He entered the house of God, when Abiathar was high priest, and ate the bread of the Presence, which it is not lawful for any but the priests to eat, and he gave some to his companions.' Then he said to them, 'The sabbath was made for humankind, and not humankind for the sabbath; so the Son of Man is lord even of the sabbath.'

Again he entered the synagogue, and a man was there who had a withered hand. They watched him to see whether he would cure him on the sabbath, so that they might accuse him. And he said to the man who had the withered hand, 'Come forward.' Then he said to them, 'Is it lawful to do good or to do harm on the sabbath, to save life or to kill?' But they were silent. He looked around at them with anger; he was grieved at their hardness of heart and said to the man, 'Stretch out your hand.' He stretched it out, and his hand was restored. The Pharisees went out and immediately conspired with the Herodians against him, how to destroy him.

This is the Gospel of the Lord.

*Mark 2*