

St Saviour's Church

5 July 2020 - Ordinary Time 14 (4th after Trinity)



To the “weary” and “heavy laden” the gospel of Jesus Christ has not come as yet another burden, but instead as “rest”. To begin by resting in the Lord may sound appealing — but something deep within us resists the invitation; for it involves the abandonment of our fantasies of self-sufficiency and our desire to manipulate and to control. For that reason, the poorest Christians are often the most passionate and compelling evangelists. They know from experience that the gospel contains the only power that can rescue us from the grasp of sin and death. (Angus Ritchie, ChurchTimes 8207)

Parish Notes:

Churches Now Open for Private Prayer - the opening times reflect when our churches would normally be open each week (before the lockdown): in St Saviour's it will be Sundays from 9:00 - 10:30; Tuesdays 10:00-11:00; Thursdays 17:00-18:00; on Saturdays 10:45-11:45. N.B. There are strict guidelines on safety that must be followed by all visitors to church as well as those volunteering to be stewards supervising each opening time.

The Rev'd Geraint John - Geraint was ordained in a private service in Llandaff Cathedral last Saturday 27 July by bishop June. We wish him every joy in his future ministry and look forward to his safe return to celebrate and receive our gratitude later in the autumn.

Lockdown easing - It is a great relief to families and businesses throughout Wales that the travel restrictions are now eased (from 6 July). We as a church are expecting to be allowed to open for public worship (pending a new risk assessment and approval from the diocese) hopefully in August. Some of our folk will still be shielding and so we will maintain some online worship services in addition to those taking place in church. More details asap.

Church Hall - Church halls can not open even though in England many community halls have already received this permission. The Church in Wales is lobbying hard for Church halls to be treated equitably and not suffer undue financial cost because of the pandemic.

Prize Draw Could those who have tickets (or sold tickets) please now return them with the money. We are now gathering the prizes that have been pledged. Again, see Liz or Fr Phelim about ways to collect this and, eventually, to distribute them to the winners.

Faith Nurturing - The next faith group will be a book group looking at 'In Search of a Way' by Gerard Hughes SJ. This will begin later on Wed 15 July at 7pm via Zoom. Contact Fr Phelim for details. We'll look at the first three chapters only.

Lift Up Your Hearts - Spiritual Support during the pandemic. This week's reflections are from Anna Matthews, Vicar of St Benet's in Cambridge.

Recently Departed - Dudley Walwyn, Bernard Lewis (RIP)

This Week - Church events & when open for private prayer:

Sun 5 - 14th Sunday of Ord. Time

09:00-10:30 (St Saviour)
10:30-12:00 (St German)
Llangeinor and the Garw Valley, Roger Pitman.

United Church of Pakistan.

Mon 6:

17:30-18:30 (St German)

Tue 7:

10:00-11:00 (St Saviour)

Wed 8:

10:00-11:00 (St German)

Thur 9:

17:00-18:00 (St Saviour)

Friday 10:

Saturday 11:

10:45-11:45 (St Saviour)

11:00-12:00 (St German)

St Benedict

Sun 12 - Ord. Time 15 (5th after Trinity)

09:00-10:30 (St Saviour)

10:30-12:00 (St German)

Troedrhwiwgarth,

Christopher Reaney.

Anglican Church of Papua New Guinea.

Parish Priest:

Fr Phelim O'Hare,
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Churchwardens:

Bill Eastwood
07800 946949
David Gibbins
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Online Services:

Sunday Mass from each church will be recorded each week and links to these films are available on our website on Sunday morning.

READINGS THIS WEEK

Zech 9:9-10
Ps 145:1-2, 8-9, 10-11,
13-14
Rom 8:9, 11-13
Matt 11:25-30

READINGS NEXT WEEK

Isa 55:10-11
Ps 65:10, 11, 12-13, 14
Rom 8:18-23
Matt 13:1-9

PSALM:

**I will bless your name
for ever, O God my
king. (4vv)**

COLLECT

O God, the protector of all who trust in you, without whom nothing is strong, nothing is holy: increase and multiply upon us your mercy; that with you as our ruler and guide we may so pass through things temporal that we finally lose not the things eternal; grant this, heavenly Father, for our Lord Jesus Christ's sake, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever. **Amen.**

FIRST READING

A reading from the prophet Zechariah

The Lord says this:

Rejoice heart and soul,
daughter of Zion!
Shout with gladness, daughter of
Jerusalem!

See now, your king comes to you;
he is victorious, he is triumphant,
humble and riding on a donkey,
on a colt, the foal of a donkey.
He will banish chariots from
Ephraim and horses from Jerusalem;
the bow of war will be banished.
He will proclaim peace for the
nations. His empire shall stretch
from sea to sea, from the River to
the ends of the earth.

This is the word of the Lord.

Zechariah 9:9-10

RESPONSORIAL PSALM

**I will bless your name for ever,
O God my King.**

I will give you glory, O God my king,
I will bless your name for ever.
I will bless you day after day
and praise your name for ever. **R/**

The Lord is kind and full of compassion,
slow to anger, abounding in love.
How good is the Lord to all,
compassionate to all his creatures. **R/**

All your creatures
shall thank you, O Lord,
and your friends
shall repeat their blessing.
They shall speak
of the glory of your reign
and declare your might, O God. **R/**

The Lord is faithful in all his words
and loving in all his deeds.
The Lord supports all who fall
and raises all who are bowed down. **R/**

Psalms 144

SECOND READING

A reading from Paul's letter to the
Romans.

Your interests are not in the
unspiritual, but in the spiritual, since
the Spirit of God has made his home
in you. In fact, unless you possessed
the Spirit of Christ you would not
belong to him, and if the Spirit of
him who raised Jesus from the dead
is living in you, then he who raised
Jesus from the dead will give life to
your own mortal bodies through his
Spirit living in you.

So then, my brothers, there is no
necessity for us to obey our
unspiritual selves or to live
unspiritual lives. If you do live in
that way, you are doomed to die; but
if by the Spirit you put an end to the
misdeeds of the body you will live.

This is the word of the Lord.

Romans 8:9,11-13

GOSPEL ACCLAMATION:

Alleluia, alleluia!
Blessed are you, Father,
Lord of heaven and earth,
for revealing the mysteries of the
kingdom to mere children.
Alleluia!

GOSPEL:

A reading from the Gospel according
to Matthew.

At that time Jesus said, 'I thank you,
Father, Lord of heaven and earth,
because you have hidden these
things from the wise and the
intelligent and have revealed them
to infants; yes, Father, for such was
your gracious will. All things have
been handed over to me by my
Father; and no one knows the Son
except the Father, and no one knows
the Father except the Son and
anyone to whom the Son chooses to
reveal him.

'Come to me, all you that are weary
and are carrying heavy burdens, and
I will give you rest. Take my yoke
upon you, and learn from me; for I
am gentle and humble in heart, and
you will find rest for your souls. For
my yoke is easy, and my burden is
light.'

This is the gospel of the Lord.

Matthew 11