

# St Saviour's Church

7 Feb 2021 - Sexagesima (Ordinary Time 5)



In our gospel today we get an insight into the daily routine of Jesus as he goes about his public ministry. He is busy, he is sought after, he is involved in people's lives and sharing their burdens and, at times, offers prayers and blessings to them and engages in a healing ministry. Yet, we also get a glimpse of the cost of this busy and relentless kind of life. He needs space, distances and most of all he needs to pray to his Father in heaven. In these stories he models for us our own needs and how we can delve ever more deeply into ourselves and discovering our own need of prayer. It is not God who needs us to pray - the necessity and the blessing is all ours. As we pray today we ask that this week may be marked with the most powerful spiritual grace of all: the gift of prayer.

## Parish Notes:

**Next Sunday** - Reserve your seat at St Saviour's mass via Liz on 07718918846.

**Covid Risks Update** - We are advised to review and look again at our public acts of worship. Consequently, our risk assessment states people must adhere to social distancing and so go straight to their chair and at the end of the service leave orderly. Recent suggestions are that people leave row by row rather than all at once. Once outside, catch ups and some fellowship is possible because it is much safer in terms of infection rates and chances of the coronavirus spreading.

**Ministry Area Update** - After mass today, Fr Phelim will give an update to the congregation on the South Cardiff Ministry Area and what the current plans and processes involve. This will last about 15 minutes or so and there will be an opportunity for some questions to those who attended the recent roadshow and discussion on zoom. We hope to have a series of these meetings over the next few months to make sure as many as possible are kept up to date with all Ministry Area matters.

**Ash Wednesday and Lent** - We will have sprinkling of ashes instead of imposition during the Ash Wednesday mass 17 Feb which will be at 10am in St German's and 6pm in St Saviour's. We will prepare on online stations of the cross from each church during Lent for people to pray at home.

**Zoom Bingo** - We are looking at Shrove Tuesday 16 February for our first zoom bingo night. Please email Ross if you'd like to play along [ross.pilliner18@stpadarns.ac.uk](mailto:ross.pilliner18@stpadarns.ac.uk) We hope to play five games and all proceeds can go to charity. If anyone would like to make a charitable donation in lieu of prizes our charity this Lent will be to help our neighbours at the Oasis Cafe. PS Make your own pancakes!

**Sanctuary Lamps** - If you would like to sponsor any of our lamps at £4 each the 2021 dates are now available. Please give your donation to David French or candle box. Named dedications go to Liz.

**Faith QI** - Next meets on Ash Wednesday 17 Feb at 7pm via zoom. The next topic will be 'Spirituality - lived experiences of faith'. Each evening we explore a different topic related to our faith and spirituality - sometimes prayer, sometimes philosophy, sometimes theology. At the heart of it is a desire to understand and deepen our own faith. Other topics this year: Why go to Church, God and the Pandemic, God talk in a digital age, Spirituality, Who's in Charge - God, Power and Authority. This is open to anyone at all, be they church goer, parishioner or not.

**Green Chasuble** - We are hoping to buy a new green chasuble and stole as the current green vestments are looking beyond their best. We are hoping to spend up to £200. If anyone would like to contribute to this please see Fr Phelim.

**Recently Departed** - Carol Jones, Irene Fawcett, Frederick Green RIP

## This week:

### Sun 7 - Sexagesima

Pray for: Pontlottyn w Fochriw, Bargoed & Deri w Brithdir; The Anglican Church of Burundi

#### St Saviour's:

9:30 Sung Mass;

#### St German's:

11:00 am Mass

### Mon 8:

18:00 Mass (St G)

### Tues 9:

10:00 (St S)

12:00 Funeral (St G)

### Wed 10:

10:00 Mass (St G)

### Thur 11:

17:45 Mass (St S)

### Fri 12:

No Mass today

### Sat 13:

No Mass today

### Sun 14 -

#### Quinquagesima

Pray for: Merthyr Tydfil: St David & Abercanaid, Mark Prevett (V), Charlotte Rushton (C); The Anglican Church of Canada.

#### St Saviour's:

9:30 Sung Mass;

#### St German's:

11:00 am Mass

## Parish Priest:

Fr Phelim O'Hare,  
02922 411229,  
[phelimohare@gmail.com](mailto:phelimohare@gmail.com)

## Churchwardens:

Bill Eastwood  
07800 946949  
David Gibbins  
07813160825

[www.saintgermanwithsaints.org](http://www.saintgermanwithsaints.org)

## READINGS THIS WEEK

Job 7:1-4,6-7  
Ps 147:1-6  
1 Cor 9:16-19,22-23  
Mark 1:29-39

## READINGS NEXT WEEK

Lev 13:1-2, 44-46  
Ps 32:1-2, 5, 11  
1 Cor 10:31—11:1  
Mark 1:40-45

## PSALM RESPONSE

**Praise the Lord who  
heals the broken  
hearted. (3vs)**

**COLLECT:**

Almighty God, you have created the heavens and the earth and made us in your own image: teach us to discern your hand in all your works and your likeness in all your children; through Jesus Christ your Son our Lord, who with you and the Holy Spirit reigns supreme over all things, now and for ever. **Amen.**

**TODAY'S MUSIC:**

Praise the Lord, praise the Lord  
Lead kindly light  
This is my body, broken for you  
Blest are they

**FIRST READING :**

A reading from the book of Job.

Job began to speak:

Is not man's life on earth nothing more than pressed service, his time no better than hired drudgery?

Like the slave, sighing for the shade, or the workman with no thought but his wages, months of delusion I have assigned to me, nothing for my own but nights of grief.

Lying in bed I wonder, 'When will it be day?' Risen I think, 'How slowly evening comes!' Restlessly I fret till twilight falls. Swifter than a weaver's shuttle my days have passed, and vanished, leaving no hope behind. Remember that my life is but a breath, and that my eyes will never again see joy

This is the word of the Lord.

*Job 7*

**PSALM**

**Praise the Lord who heals the broken-hearted.**

Praise the Lord for he is good; sing to our God for he is loving: to him our praise is due. **R/**

The Lord builds up Jerusalem and brings back Israel's exiles, he heals the broken-hearted, he binds up all their wounds. He fixes the number of the stars; he calls each one by its name. **R/**

Our Lord is great and almighty; his wisdom can never be measured. The Lord raises the lowly; he humbles the wicked to the dust. **R/**  
*Psalm 147*

**SECOND READING :**

A reading from the 1st letter of Paul to the Corinthians

I do not boast of preaching the gospel, since it is a duty which has been laid on me; I should be punished if I did not preach it! If I had chosen this work myself, I might have been paid for it, but as I have not, it is a responsibility which has been put into my hands. Do you know what my reward is? It is this: in my preaching, to be able to offer the Good News free, and not insist on the rights which the gospel gives me.

So though I am not a slave of any man I have made myself the slave of everyone so as to win as many as I could. For the weak I made myself weak: I made myself all things to all men in order to save some at any cost; and I still do this, for the sake of the gospel, to have a share in its blessings.

This is the word of the Lord.

*1 Cor 9*

**GOSPEL:**

A reading from the Holy Gospel according to Mark.

As soon as they left the synagogue, they entered the house of Simon and Andrew, with James and John. Now Simon's mother-in-law was in bed with a fever, and they told him about her at once. He came and took her by the hand and lifted her up. Then the fever left her, and she began to serve them.

That evening, at sunset, they brought to him all who were sick or possessed with demons. And the whole city was gathered around the door. And he cured many who were sick with various diseases, and cast out many demons; and he would not permit the demons to speak, because they knew him.

In the morning, while it was still very dark, he got up and went out to a deserted place, and there he prayed. And Simon and his companions hunted for him. When they found him, they said to him, 'Everyone is searching for you.' He answered, 'Let us go on to the neighbouring towns, so that I may proclaim the message there also; for that is what I came out to do.' And he went throughout Galilee, proclaiming the message in their synagogues and casting out demons.

This is the Gospel of the Lord.

*Mark 1:29-39*

**GOSPEL ACCLAMATION:**

Alleluia, Alleluia!  
He took our sicknesses away,  
and carried our diseases for us.  
Alleluia!